

# Drop the Rock Workshop

Saturday, October 24, 2020

9:00am – 2:00pm

(room opens at 8:30am)

Zoom Meeting ID:  
867 8194 3955

Password:  
Steps-6-7

To receive the workshop materials,  
Send an Email to:  
**[droptherockjax@gmail.com](mailto:droptherockjax@gmail.com)**

We will tackle many items in this workshop to help you take a 6<sup>th</sup> and 7<sup>th</sup> Step inventory, using an assortment of worksheets to help you with:

- Uncovering your defects and shortcomings
- Discovering how to make amends to yourself
  - Discarding your unwanted defects

“We grow by our willingness to face and rectify errors and convert them into assets. The alcoholic’s past thus becomes the principal asset of the family and frequently it is almost the only one.” – The Big Book of Alcoholics Anonymous, Page 124

Brought to you by District 15, Area 14  
and  
graciously presented by the Drop the Rock Group of District 30, Area 14

*Workshop is limited to 100 people – Don't Delay!*